

## Aircraft Activities

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / pilot's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / pilot will happily share their knowledge (when it is safe to do so)
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better

## All Terrain Vehicles (ATVs)

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Remain on **designated tracks** & avoid track widening caused by drifting left / right
- ✓ In **sand dune** environments, always avoid drifting as tracks take longer to rehabilitate
- ✓ Where possible, **drive over**, not around, obstacles to avoid track widening
- ✓ **Minimise wheel spin** to prevent erosion
- ✓ Give **right of way** to other users overtaking you or travelling uphill, and to cyclists, hikers, horses, and wildlife
- ✓ Proceed **slowly** around horses, pack animals, and livestock to avoid startling them
- ✓ **Cross watercourses** at designated spots, reduce speed & enter / exit at 90° to the shore / bank
- ✓ **Turn off engines** during rest stops or longer standstill periods
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & **recycle** where possible
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Backcountry Snow Sports

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand
- ✓ Be accurate about your **level of ability** so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Remain on **designated trails**; going off-piste increases impacts and safety risks
- ✓ On **steep descents**, proceed one at a time
- ✓ In **multi-use areas**, avoid damaging tracks used for other activities
- ✓ Give **right of way** to faster moving users, e.g., downhill traffic, those overtaking you, snowmobiles, etc.
- ✓ If **stopping**, move to the side of the trail so others can pass
- ✓ If conditions create muddy patches, **remain on snow cover** (where possible) or in the middle of the trail
- ✓ Maintain a **safe distance** from livestock or wildlife & proceed slowly to avoid startling them
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Boat-Based Wildlife Viewing

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts, including keeping a safe distance from wildlife (for activities where participants are allowed to enter the water)
- ✓ Be aware of risks related to sharing photographs / videos of **endangered species** online; disable geo-location on your device if poaching is prevalent
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Minimise **noise** to avoid disturbing wildlife & the quality of the experience for others
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities, where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better



## Captive Animals

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts, especially:
  - ✓ **Safe viewing** proximity and approach for the applicable species
  - ✓ Whether **contact** is permitted and, if so, how to do this safely
  - ✓ Whether **feeding** of animals is allowed and if so, how to do this safely
- ✓ Don't collect **flora or fauna**, or disturb their habitat
- ✓ Remain in **designated areas** for the activity
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better



## Community Visits

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ We discourage visits to **orphanages**; these vulnerable children are not a tourist attraction
- ✓ Respect the routines of **schools** or other care facilities visited; avoid disrupting them
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tippling & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, shopping bag
- ✓ Dispose of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



## Diving & Snorkeling

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand
- ✓ Be accurate about your **level of ability** so we can design an enjoyable experience for all; if you're out of practice, speak to us about refresher courses or buoyancy orientations
- ✓ If your **photographic equipment** is bulky, ensure your skill level is sufficient to control it and prevent damage to the marine environment
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts, including marine wildlife viewing distance
- ✓ Remain within the **activity area** and respect the buddy system / group contact protocol
- ✓ Use "reef safe" **sun protection**, e.g., sunscreen marked as such or wear rash vests / similar
- ✓ Ensure your **equipment** fits well before getting in the water; it can be difficult to adjust afterwards
- ✓ If snorkelling over a **shallow reef** environment, use a life jacket / vest to help with buoyancy and reduce the need for kicking over this fragile area; practice snorkelling skills away from the reef
- ✓ Maintain a comfortable **distance from the reef**, making allowance for swell / waves
- ✓ Be aware of where your fins are, and avoid **kicking up sand** when on / near the ocean floor; this can suffocate coral polyps
- ✓ If you need to **hold on to something** during the activity, choose rocks or dead patches of reef
- ✓ Don't collect **flora or fauna** or disturb their habitat; this includes not standing / walking on, or touching coral reefs
- ✓ Don't chase or corner **marine wildlife**, nor disturb them with sticks / similar for any reason
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Minimise **flash photography**; repeat exposure can cause undue stress to marine wildlife
- ✓ Use low intensity **torches / flashlights** to minimise negative impacts on marine wildlife, e.g., disorientating them
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife (e.g., shells, coral, etc.), especially those that are illegal to buy / sell
- ✓ Respect customary **tippling & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Fishing

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Don't **collect flora or feed wildlife** as it can harm their health & encourage problematic behaviour
- ✓ Comply with **fishing laws** and permit specifications; return undersize, out of season, or protected catch to the water immediately and carefully
- ✓ Do not leave active **fishing gear** unattended
- ✓ For "**catch & release**", attend to fish immediately, keep fish in the water as long as possible and remove hook while fish is still in the water, if possible
  - ✓ If **removing fish from water**, use nets without knotted mesh, minimise handling (always with wet hands), and minimise air exposure
  - ✓ Place fish on cool, wet surface to remove hook and **return to water horizontally** until they revive and can swim away
  - ✓ For **photographs**, hold fish horizontally – not vertically – and as briefly as possible
- ✓ If caught for **consumptive use**, dispatch fish quickly and humanely
- ✓ **Reduce waste** – from food & paper to the number of fish caught – remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in, leave no trace of the activity – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better



## Food & Beverage (F&B) Services

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the facility / service so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom or help prepare a traditional dish, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



## Game Drives (Safaris) & Walks

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your ranger / guide's **instructions** regarding safety, local etiquette & dos and don'ts, including taking photographs & impacts on nocturnal species
- ✓ Be aware of risks related to sharing photographs / videos of **endangered species** online; disable geo-location on your device if poaching is prevalent
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Minimise **noise** to avoid disturbing wildlife & the quality of the experience for others
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities, where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local ranger / guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Traveler Tips

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



## Tour Guides

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tour guides & other businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your tour guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local tour guide will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



## Horse Riding & Pony Trekking

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts, especially:
  - ✓ Safe conduct, including mounting/ dismounting
  - ✓ How to interpret horse / pony **behaviour** & what to do if they bolt
  - ✓ **Safe following distance** & general rider etiquette, including communication signals
  - ✓ What to do if **wildlife or vehicles are encountered** during the ride
  - ✓ Appropriate etiquette when crossing **private property or villages**, using farm gates, safely crossing public roads, etc.
- ✓ Do a '**test round**' in the immediate vicinity to get used to your horse / pony before the ride starts
- ✓ If riding in a sensitive environment, **clean your footwear** before setting out to prevent the spread of invasive species
- ✓ **Remain on the trail** and keep your horse / pony in the middle to avoid trail widening
- ✓ Don't **gallop** in sensitive environments or when passing riders who are going more slowly
- ✓ Use designated **watering** points & don't allow your horse / pony to **graze** on natural vegetation
- ✓ Use bridges to **cross natural watercourses**, where available, otherwise at designated crossing points and at 90° to the bank / shore
- ✓ Don't collect **flora or fauna**, or disturb their habitat
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned vendors, especially if they feature nature / culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Hunting

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Apply highest **moral & ethical standards** in reverence for life & good sportsmanship
- ✓ Comply with **hunting laws** and permit specifications
- ✓ Maintain your **firearm** properly & know how to use it efficiently and effectively
- ✓ Respect **property, landowners, and others** using the area so that their experience & access are not compromised
- ✓ Respect the **habitat** – conserving the natural environment is part of ethical hunting
- ✓ Don't **collect flora or feed wildlife** as it can harm their health & encourage problematic behaviour
- ✓ **Respect animals** being hunted through fair chase and quick, efficient kills
- ✓ **Shots** must be taken only when the animal can be clearly seen, correctly identified (to comply with permit specifications), and when foreground & background are clearly visible
- ✓ **Reduce waste** – from food & paper to how many animals hunted – remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle / coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in, leave no trace of the activity – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support climate change action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Motorised Boating

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



## Mountain Biking

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your **fitness** level & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Before & after cycling in a sensitive environment, **clean your footwear** & bike to prevent the spread of invasive species
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Remain on **designated tracks** & avoid track widening caused by drifting left / right
- ✓ Ride **single file** in narrow sections
- ✓ Give right of way to cyclists **overtaking** you or cycling uphill when crossing you, and to walkers, horses, and wildlife
- ✓ **Slow down** when crossing or overtaking other users of the activity area
- ✓ **Cycle at a pace** that enables you to stop within the distance you can see ahead
- ✓ **Make your presence known** when approaching other users and blind corners
- ✓ When climbing, **gear down** for adequate traction to avoid spinning
- ✓ When braking, avoid skidding or blocking wheels so that you **minimise erosion**
- ✓ **Cross rivers** at designated spots, reduce speed, and enter/exit at 90° to the riverbank
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better



## Nature / Open Vehicle Drives

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ Be **respectful** in towns / villages; residents must not be disturbed by unreasonable noise volumes
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better



## Non-Motorised Boating

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette, dos and don'ts, and correct use of boating equipment
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ If **portaging** is required, remain on existing / designated paths
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring re-usable items, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tippling & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better



## Personal Watercraft

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts, e.g., avoiding sensitive areas such as nesting, breeding or moulting areas
- ✓ Remain in **designated area** – away from swimmers & others who might be disturbed by the watercraft
- ✓ If you **fall off your watercraft**, always get back on from the rear
- ✓ Always **be alert** and aware of other boaters, objects, and swimmers
- ✓ Never **jump** the wake of another boat; slow down & watch for skiers or items being towed
- ✓ Respect **speed restrictions** in no wake zones
- ✓ **Travel slowly** in shallow water & near shorelines; your wake can cause erosion
- ✓ Keep a **safe distance** between you and any marine wildlife encountered during the activity
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tippling & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Rock Climbing / Abseiling

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your level of **fitness** & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Remain on **existing paths** to access the base of climbing / abseiling routes
- ✓ Avoid indiscriminate use of **chalk** & fixed equipment (avoid galvanised bolts entirely)
- ✓ Avoid chipping rock & removed **vegetation** from cracks and gullies
- ✓ Avoid climbing near sites of geological, cultural, or other scientific interest
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ Dispose of **waste** responsibly – pack out what you take in – & use local recycling facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better



## Shark Cage Diving

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet, especially regarding marine conservation and education
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



## Shopping

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose vendors / shops that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag (or buy a locally made one that can be re-used!)
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



## Snowmobiling

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Ride **single file** and remain on designated trails; going off-piste increases impacts & safety risks
- ✓ Beware of **hazards** that may be buried beneath the snow surface
- ✓ Avoid **steep slopes**, cornices, and gullies / depressions, where possible
- ✓ Approach the summit of hills with **caution**
- ✓ On **steep descents**, proceed one at a time and do not lock brakes
- ✓ When cornering, **reduce speed** to avoid sliding
- ✓ Give **right of way** skiers, snowshoers, and users travelling uphill
- ✓ If **stopping**, move to the side of the trail so others can pass
- ✓ When **overtaking** others, do so slowly and only resume speed once you are far enough to not blind them in your 'white-out'
- ✓ If **crossing a road** or frozen body of water, enter / exit at 90° to the shore / bank
- ✓ Minimise **noise** by not revving engines unnecessarily
- ✓ Maintain a **safe distance** from livestock or wildlife & proceed slowly to avoid startling them
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned vendors, especially if they feature nature / culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Spa / Massage

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your host's **instructions** regarding safety, local etiquette & dos and don'ts, particularly regarding local cultural norms & appropriate clothing to wear during the experience
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local host will happily share their knowledge
- ✓ **Take part** – if you are invited to try a local custom or treatment typical of the local area, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better





## Speleology (Caving)

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your **fitness** & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Before entering sensitive or newly discovered caves, clean your footwear & clothing to prevent contamination of the cave
- ✓ Remain on **designated paths** when approaching entrance & inside the cave; stay in single file, and don't take shortcuts or wander off
- ✓ If you need hand or **footholds**, use previously established ones, where possible
- ✓ Don't collect or touch **flora or fauna**, or their cave habitat and its features, e.g., speleothem
- ✓ If **lights** are used, avoid shining these on any cave-dwelling wildlife
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Do not **eat or smoke** inside the cave
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – leaving nothing behind in the cave – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Surfing / Similar

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't **feed wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Do not stand, walk on, or touch **coral reefs** when in the water (i.e., when not on your board)
- ✓ Avoid **kicking up sand** when on / near the ocean floor; this can suffocate coral polyps
- ✓ **Respect other users**, e.g., use correct etiquette for entering / exiting waves, line-ups, falling correctly, etc.
- ✓ Use "reef safe" **sun protection**, e.g., sunscreen marked as such or wear rash vests / similar
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tippling & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Transport Services

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / driver's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the transport service so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / driver will happily share their knowledge (when s/he is not driving)
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



## Visiting Farms

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses and farms that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom or participate in traditional farming methods, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better



## Visiting Heritage Sites

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet, and protect cultural heritage
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide / host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide / host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g. water bottle, coffee cup, shopping / carry bag
- ✓ **Dispose** of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better

## Volunteering

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet, including volunteer programmes where you give back alongside, not instead of, local people
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Understand the **terms of your volunteer placement** & how it addresses longer-term goals
- ✓ Respect your host's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Be respectful of **privacy**, obtaining permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Remember that you are a temporary guest; ensure your conduct **respects local people** & relationships with local institutions
- ✓ Be **sensitive** to the inequalities of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local host will happily share their knowledge
- ✓ **Take part** – if you are invited to participate in a local custom, go for it!
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Feel welcome to **ask us** how local hosts benefit (tangibly) from your participation
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, shopping bag
- ✓ Dispose of waste responsibly & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Provide **feedback** about what you liked or how we can do better
- ✓ Consider opportunities to continue supporting our programme once you **return home**, e.g., fundraising or referrals for a cause that you believe in!



## Walking / Hiking / Trekking

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your level of **fitness** & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Before entering sensitive environments, **clean your footwear** to prevent the spread of invasive species
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Remain on **designated paths / trails**
- ✓ Practice good "**bush toilet**" etiquette (ask us for specific guidance)
- ✓ Respect **fire restrictions** in place; if campfires are permitted, ask us about how & where
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable** items, e.g., water bottle, coffee cup, carry bag
- ✓ Dispose of **waste** responsibly – pack out what you take in – & use local recycling facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better

## Wild Camping

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your **fitness** & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ Remain on **designated** paths / trails and campsite footprints
- ✓ Bring **biodegradable** shampoo, dish soap, etc. (and no products with micro-plastics)
- ✓ Wash dishes, clothes (& yourself) **away from watercourses** (min 50m), even if using biodegradable products
- ✓ Use sand or other natural materials to help with heavy **dish washing**, minimising use of soap & water
- ✓ **Disperse wastewater** (dishes / laundry) over a wide area so that nature can filter it
- ✓ **Cook on stoves** – as opposed to campfires – when possible & in non-vegetated areas
- ✓ Practice good “**bush toilet**” etiquette (ask us for specific guidance)
- ✓ Respect **fire restrictions** in place; if campfires are permitted, ask us about how & where
- ✓ **Store supplies** (especially food) out of reach at night and when campsite is not occupied
- ✓ **Leave no trace** when vacating the campsite, including demolishing snow walls / shelters for winter camping
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be sensitive to the inequalities of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better



## Working Animals

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts, especially:
  - ✓ Whether **contact** is permitted with the animals and, if so, how to do this safely
  - ✓ Whether **feeding** of the animals is allowed and if so, how to do this safely
- ✓ Don't collect **flora or fauna**, or disturb their habitat
- ✓ Remain in **designated areas** for the activity
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites along the way
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better



## Ziplines / Canopy Tours

As part of our commitment to sustainable tourism, we provide activity participants with the sustainability savvy travel tips below.

- ✓ Be **selective** – choose tourism businesses that share how they benefit people & planet
- ✓ Tread **lightly** – choose activities & transport options with a reduced environmental impact
- ✓ Be **informed** – learn a bit about local nature, history & culture beforehand to enrich your experience
- ✓ Be accurate about your level of **fitness** & ability so we can design an enjoyable experience for everyone
- ✓ Respect your guide's **instructions** regarding safety, local etiquette & dos and don'ts
- ✓ Ensure that you clearly understand how to **navigate the course** safely; if in doubt always ask your guide before proceeding
- ✓ Don't collect or disturb **flora or fauna**, or their habitat
- ✓ Don't feed **wildlife**; it can harm their health & encourage problematic behaviour
- ✓ **Reduce waste** – from food to paper, remember to take only what & as much as you need, and bring **re-usable items**, e.g., water bottle, coffee cup, carry bag
- ✓ **Dispose** of waste responsibly – pack out what you take in – & use local **recycling** facilities where available
- ✓ Be **waterwise** – your participation in the activity shouldn't place additional stress on water-scarce environments
- ✓ **Save energy** to reduce your carbon footprint & your impact on local supply challenges
- ✓ Support **climate change** action, e.g., offset or regeneration programmes
- ✓ Be respectful of **privacy**; obtain permission before taking photos / videos of people or sensitive sites
- ✓ Respect **others** using the area so that their experience & access are not compromised
- ✓ Be **sensitive to the inequalities** of our world and avoid displays of wealth, particularly in less privileged contexts
- ✓ **Ask questions** – your local guide will happily share their knowledge
- ✓ If you want to **give**, ask us how to do so responsibly; offering sweets or money to individuals, for example, can often do more harm than good
- ✓ **Buy** from local, small &/or community-owned businesses, especially if they feature local nature or culture
- ✓ Be cautious about **buying from children** – you could unknowingly be supporting their exploitation
- ✓ Refuse to buy **souvenirs**, food & beverages that harm the environment, people, or wildlife, especially those that are illegal to buy / sell
- ✓ Respect customary **tipping & trading** practices – such as bartering – and pay fair prices
- ✓ Provide **feedback** about what you liked or how we can do better